

# clubCREATE

create  
FOUNDATION

# Magazine

Summer 2011 Edition



*career  
crush*

**CREATE  
YOUR FUTURE  
WITH IULIEN**

*school holiday*  
**BOREDOM BUSTERS**

**TWO NEW CREATE  
WEBSITES!**





Gerry (front) Amanda, and Rosemary on our European adventure!

Wow! Well have we clocked up some travel time these last couple of months! We spent such a busy and exciting few weeks in Europe for the UN presentation and IPSCAN conferences. We learned about child protection systems all around the world and I am very proud to say that CREATE and what we do here in Australia scrubs up pretty well in comparison! It goes without saying that I am incredibly proud of Krystal, Gerry and Amanda, our wonderful young people who represented the voices of young people in care across the globe! Their commitment and professionalism was outstanding. You can read more about their trip on pages 8 and 9.

In other exciting news, CREATE now has two websites in the making especially for you. The first is a clubCREATE website and the second is an updated, even better CREATE Your Future website. Check out page 14 for more info.

CREATE's Leadership Committee and Board have been super busy listening to the voices of children and young people, and our staff are working on our Strategic Planning and setting goals for the next three years. We are doing our very best to represent you and your voice and are really excited about the next three years; it is certainly going to be an exciting time.

Have a very safe and enjoyable festive season. I know that this time of year can be hard for a lot of you so the team at CREATE sends our best wishes! You know you can always drop in to your local office and say hi. Most of our offices are open throughout the school holidays however just keep in mind that we will be closed from Christmas day through to 2 January 2012.

Until next edition,

**Jacqui Reed, CEO,**  
CREATE Foundation (aka Head Honcho!)



*This magazine is funded thanks to the very generous support of the Tim Fairfax Family Foundation.*

# welcome to clubCREATE MAGAZINE



## CLUBCREATE'S EDITORIAL POLICY

clubCREATE magazine is produced by CREATE Foundation for children and young people in care. This magazine contains information about CREATE programs that create a better life for kids in care. It also has articles and artworks by clubCREATE members. The views expressed by these young people are not necessarily the views of CREATE Foundation.

It's really important to us that children and young people in care are safe and protected, and we do our utmost to ensure their privacy. For safety reasons state laws don't allow the faces of kids in care to be published without proper permission, so please understand if sometimes we can't show faces in our pictures.

All contributions for the next edition should be received by 2 January 2012 via email: **magazine@CREATE.org.au** or post: **Reply Paid 83149, Sydney NSW 2000.**

If you do not want to receive newsletters and program information from CREATE Foundation, please email **clubcreate@create.org.au** or phone CREATE on **02 9267 1999** or **1800 633 105** to have your address removed from our mailing list.



# dec/jan 2011

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## Origin Foundation

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### ON THE COVER

Don't you reckon time goes so much faster when you're older?! It's Christmas again already! This is a shot from one of last year's CREATE Christmas parties.

This cute little festive character was designed by Qld NYAC delegate, Gerry. We hope you're quite the talent!"



# win WIN WIN!!!



Yay! Competition time! We've got heaps of sweet vouchers to give away to those of you who tell us in 100 words or less what you would like to see more of in this clubCREATE magazine? Only the most thoughtful entries will win a prize.

There might be a story you always look forward to each edition or you might wish we would write an article on something else? Whatever it is, we want to know about it!

What are you waiting for? We've got vouchers for stores ranging from Jay Jays to Dymocks!

Send your entries to [magazine@create.org.au](mailto:magazine@create.org.au) or CREATE Foundation, Reply paid 83194 SYDNEY, NSW 2000



## DID YOU KNOW...



$111,111,111 \times 111,111,111 = 12,345,678,987,654,321$ .  
Who even bothered to work that one out!?



A strawberry is the only fruit, which seeds grow on the outside!

The word 'typewriter' is the longest word that can be typed using only the top row of a keyboard



# CREATE IS TAKING AUSTRALIA BY *storm!*

You might already know this but CREATE has opened FIVE new offices in the last few months! Three of the offices are new addresses in the same cities and two offices are brand new locations with new staff! That means more CREATE locations, more CREATE staff and more of CREATE's amazing programs for you to get involved with!

- Our Queensland state team have moved away from the head honchos in the Brisbane national office to their own office space in Brisbane which even has their own garden!
- Our Perth team have relocated to a shiny bigger office too
- Our Darwin team have moved to a new community services hub building which is closer to heaps of other youth services
- We have a brand new office AND new team in both Newcastle, NSW and Alice Springs, NT. So if you live close by, then call us on 1800 655 105 to find out more so you can come and say hi!



## BEAT THE BOSSES

Just recently, we held our second ever fundraising event called 'Beat the Bosses'. Beat the Bosses is a super fun night where a group of over 300 head honchos from the finance industry get together in Sydney to try and beat their bosses in a trivia match. They all try to raise money for CREATE's programs and events for YOU to be involved in!

This year's Beat the Bosses raised over \$120,000 and all that money is being put towards ensuring that you, our young people, are getting all the support you need.

**It's pretty cool that over 300 influential business people believe in CREATE and our cause... and more importantly, they believe in YOU GUYS!**



**Kim (NSW)**

*Both Kimberly and Dylan were our guest speakers on the night and they were amazing! Not to mention VERY brave!*



**Dylan (ACT)**



Origin  
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# INTRODUCING... *Julien*

MEET IULIEN FROM THE ACT. WE ASKED HIM ALLLLL ABOUT HIS EXPERIENCE WITH CREATE YOUR FUTURE (CYF). HERE'S WHAT HE HAD TO SAY:

**Tell us a bit about yourself, Julien? What do you do on a day-to-day basis?**

I work full time now as a landscaper and start work at 5am. We weed people's gardens, put in retaining walls, build pergolas and do a lot of digging! I love working outside in the fresh air and sun. After work I go to the skate park to skate with my friends.

**Tell us about CYF and what was involved?**

CREATE Your Future was so good. One day we had people come in and talk about cleaning and hygiene, safe sex and STDs; the next day we learned about getting jobs and what your boss expected of you; day three was about living skills and cooking and the last day we challenged ourselves by doing group activities.

**What did you learn?**

I learned about cleaning and what products to use for what. I also learned to budget. My budgeting was the worst ever before CYF. I'd get money and spend it all straight

away. Now I can prioritise my spending.

The main thing I learned though, was what my boss expected of me. Before CYF I couldn't keep a job longer than a week cos I'd call in sick all the time, then complain about the work I had to do. Now I've had my landscaping job for over three weeks and I hope to keep it for the rest of my life. I love it so much.

**What would you say to other young people who haven't done CYF?**

Do it. But make sure you stick it out. You might not like it on the first day but it gets so much better. Don't ever give up on CREATE cos they are always there when you need it.

**Did you learn anything about yourself?**

I learned who I actually am. I always thought negative things about myself and thought my future was crap. CREATE challenged that and helped me to change. Now my future is really positive.

# Interview

## WITH BRISBANE'S COLLEEN WALL – INDIGENOUS STORYTELLER



**What is a traditional storyteller and what role did they play in traditional Aboriginal culture?**

Storytellers have a very important job. They tell our children stories that teach us to look after the land and all that live in, on and above the land. Years ago the old people told the stories to our young ones and as we got older the stories changed from children's stories to what we call Land Law. That Law told us what was right and wrong.

**How do you make your stories relevant to your audience?**

Some stories are for children and some very serious stories are for older people. You tell people what you think they will understand. Sometimes children understand better than adults.

**When did you realise you were good at it?**

When people started to listen and ask me more questions about these stories and what they were.

**Who taught you your stories?**

We learn stories from many people about different lands. Some of these are connected right across Australia. My mother taught me some and my father taught me some. My great grandmother told some of them to my mother.

**What types or forms of storytelling are there?**

Aboriginal people tell stories by song, dance, talking or painting.

**Tell us about your role as a storyteller in today's society?**

I think some people are chosen to tell our true history of the world. Sometimes this is easier in little bits because some people aren't ready for the real truth.

**Were you selected by your community to be a storyteller?**

I think we are chosen by our Ancestors to be storytellers. They make sure that someone in the family is given lots of information to talk about. That one usually collects lots of photos and stories for family members. Usually it is someone who likes to listen to the old people and spend time with our grandfathers and grandmothers.

**How do you express your stories?**

I paint my stories but sometimes I write them down instead.

**Do you have a favourite?**

My favourite is how the cooing dove calls each day to tell our children its time to go home before the sun goes down. She is the protector of our children.

# OUR *globetrotters*

## GERRY AND AMANDA ARE BACK FROM FINLAND!

As you know, two of CREATE's NYAC delegates, Amanda from the ACT and Gerry from Qld were lucky enough to go on a massive learning experience to Finland for the International Society for Prevention of Child Abuse and Neglect Conference and then onto England to visit our friends who performed at our 2009 NYAC Summit from Freedom Road.

**Amanda and Gerry told us all about their trip:**

**CREATE: Tell us about the best part of the whole trip?**

**Amanda:** The conference in Finland. It was such an interesting experience and I'm grateful that I was able to go.

**Gerry:** Seeing all the people from Freedom Road that I met in 2009 at the first ever NYAC. Just catching up was so good. I missed them all so much. Hearing how they love Australia was pretty cool too! haha

**CREATE: What did you learn about the Child Protection systems in other countries?**

**Amanda:** They have similar issues like prioritizing youth programs while negotiating funding recourse.

**Gerry:** I learned that Australia (especially CREATE) is doing pretty dang good. There are many little groups around the world who are

only doing a fraction of what CREATE is doing when it comes to youth participation. It made me excited knowing other countries are starting to involve children more. Every country is so different in what issues they think are big. It's interesting to see how our priorities differ.

**CREATE: Favourite country you visited?**

**Amanda:** England, cos there was so much to do and see plus, I got to meet the wonderful Freedom Road people.

**Gerry:** England, for sure. I loved the people, seeing the London Eye, Big Ben, The Queen. It was just so jam-packed! And old! Really culturally mind blowing - every building and road had a story. It was just great.

**CREATE: Has your trip changed you in anyway? What did you learn about yourself?**

**Amanda:** I have learnt to not be so picky with my food, and it has broadened my understanding on how other people live.

**Gerry:** Seeing how different our countries are. How we can be on the same planet but think so differently and, at the same time, still be passionate about the same things. It has given me more life experience so I can work in child safety too :)



# Krystal

## AND THE U.N CONVENTION ON RIGHTS OF CHILD

Krystal (a young consultant from Victoria) recently travelled to the United Nations in Switzerland to talk about Australian children's rights – why is that a big deal?

'Rights' are principles that apply to everyone – they describe what people should be allowed to do and how they can expect to be treated.

Upholding people's rights is complicated, so after World War 2, a group of countries joined together to form the United Nations (UN). Amongst other things, the UN write agreements (called 'conventions') about how they will act and treat people. One of the most important convention that affects us is the Convention on the Rights of the Child (CROC).

The CROC describes the civil, political, economical, social and cultural rights of children under 18 years old. The CROC includes the right:

- to life and your own identity
- to be raised by your parents within a family or cultural grouping except when it is against your interest and your well-being (i.e. you are unsafe)
- to develop your full potential
- to be free from hunger and want, neglect and abuse
- to express your opinions and to have those opinions heard and acted upon when appropriate
- to have your privacy protected
- to separate legal representation in any judicial dispute concerning your care and to have your viewpoint be heard in such a case

Australia has to report back to the UN every five years on the CROC and the meeting Krystal attended was part of this monitoring process.

In all states and territories (except the N.T.) there is a special list or "charter" of rights for children who are in care – links to these rights can be found at the CREATE website <http://www.create.org.au/our-research-and-advocacy>



# NYAC **SUMMIT** *update*

## NYAC DELEGATES ARE WORKING TOWARDS THEIR GOALS!

The NYAC delegates have done a great job in 6 months since the 2011 NYAC Summit; presenting the NYAC action plan to state departments and organisations all over the country. They're also now looking to develop leaving care kits for other young people and to cover the three main issues they identified at the Summit. Remember what they were?

- **Transition from care**
- **Housing and homelessness**
- **Health and wellbeing**

Other things we've been up to:

- Some states don't have leaving care kits so the NYAC delegates have been busy reviewing the states who do, to try and ensure young people around the country have access to these fantastic kits!
- Tassie delegates identified over 18 services within a single day!
- Our SA delegate, Tamara, has been driving the NYAC goals forward and motivating other young people to get involved through their local YAG group.

Why don't you get involved? Call 1800 655 105 to find out when the next YAG meeting is in your state!

### WE WANT YOUR FAVOURITE RECIPES AND QUOTES!

CREATE is looking for healthy and easy to make recipes and your favourite quotes and sayings to feature in our leaving care kits. These will feature in the cooking and mental health sections of the kits and we'll even credit you if you leave your name and age. Please send your recipes and quotes to: [peta.jones@create.org.au](mailto:peta.jones@create.org.au)



## *nyac*

### MAKING MOVIES ON THE GOLD COAST!

Five NYAC Delegates got together on 5-6 November to make some movies for CREATE! Our budding actors were: Rhan, Bec, Chris, Adrian and Gerry.

They had a great time with the help of Jed from In The Bin and Mike from CREATE to make some promotional footage that CREATE could use when looking for support from big corporate companies.

Here's a sneak peak into their fun! Stay tuned on the next edition for more info and a link to the DVD!



# Career Crush



## WITH CREATE'S FINANCE TEAM, JECELYN AND DOUG

### **Tells us a little about what you do in your role and why you like coming to work every day?**

**Doug:** Jecelyn and I provide support to CREATE staff from all the states and territories. I report the financial results of the company and attend CREATE's Leadership and Board meetings.

**Jecelyn:** I process the payments and invoices, pay staff their salaries and assisting Doug in day-to-day matters.

### **What are the best parts?**

**Doug:** The best part is being part of an organisation which strives to make a difference.

**Jecelyn:** The people you meet and work with. The staff at CREATE are very passionate about the work that we do and that makes me feel good about my job. Every day at CREATE is different, which is really enjoyable.

### **What are the hardest parts?**

**Doug:** Probably the tight schedule of reporting and prioritising the request for your time. There are days when there does not seem to be enough hours in the day!

**Jecelyn:** Definitely timing. Prioritising your work commitments is an important part of any finance role.

### **What sort of person does it suit?**

**Doug:** People who are good at maths and self-motivating. You need to be able to work independently.

**Jecelyn:** Someone who has patience and understanding and is flexible and happy to work in an office. You also need to manage the expectations of people who may not know the limitations or time it takes to process a job.

### **Did you do any further study after finishing high school?**

**Doug:** I completed a part-time Business Degree (Accounting Major). Once I had graduated, I applied to be a member of the CPA (Charter of

Professional Accountants). They provide information that helps me to keep up-to-date with changes in accounting. You should never stop learning regardless of the job you have.

**Jecelyn:** After high school I did a double major degree in Accounting and Financial Management and Information Systems. The information systems part is to tie in the use of computer systems into the everyday work of accountants. I am in the process of completing my CPA too.

### **How did you get your foot in the door?**

**Doug:** I was very fortunate that I was successful when I applied for my first job as an assistant accountant. I have had a variety of positions from financial accountant of a large car dealership to an electrical retail company. I had my own business for nearly 10 years which was very hard work.

**Jecelyn:** My first work experience was in the not-for-profit sector, which was unexpected but I found it very satisfying so made a decision to stay in the sector. I was able to join CREATE after already having experience with a not-for-profit organisation.

### **What advice would you give readers who were interested in a similar career?**

**Doug:** An accountant now holds a much stronger position within an organisation. They can be anything from a payroll officer through to the CEO of the organisation. The opportunities are endless for advancement, travel, etc for the accountant who applies themselves these days.

**Jecelyn:** The world of accounting is bigger than you might think. We can work in a variety of organisations, including small business, corporate, multi-national investment firms, government or private practice or not-for-profit organisations. One of the best ways of finding out where you want to work is to get into an internship program or become a volunteer.

# IN THE *Spotlight*



**How old are you?** Just turned 18! Yay!!

**When and why did you first get involved with CREATE?** I first got involved with CREATE when I entered foster care, but wasn't really properly involved until around May this year. I got involved because I thought it would be an amazing experience to be able to advocate and help other young people in care.

**How has CREATE helped you?** They have helped me to find the person I have now become. They have shown me what's out there and what CREATE can do.

**What do you do on a day-to-day basis?** I work in a gift store- it's actually so much fun, love it!! I also study retail and youth work at TAFE.

**What is something you are passionate about?** I'm passionate about helping young people who have been in care and allowing them to know there is light at the end of the tunnel and people out there to help. I also love helping to look after other foster kids.

**What are your hopes for the future?** I'm hoping to further myself into youth work, or go to UNI to do criminal justice and politics in the future.

**What is your favourite:**

**TV Show:** The Big Bang Theory

**Book:** I don't have one

**Movie:** Angus, Thongs and perfect snogging

**Colour:** Purple

**Food:** Too much to choose from! haha

**Band/Musician:** There's just too many to choose from. A few might be Kings of Leon, Angus and Julia Stone, Rhianna, Beyonce, Powderfinger, bliss N Esso, Lady Gaga, Nickelback, Temper Trap and sooo many more.

**Website:** LOL. I don't actually know

**What do you like to do in your spare time?** I like to spend time with family and friends and go to the beach.

**What would you say to other young people with a care experience?** I would say you're beautiful inside and out and you have every chance going for you, no matter what. Believe in yourself and you'll succeed - there's always help. Oh and don't forget to smile.

# WHAT I'VE *learned* SO FAR ABOUT LIFE GROWING UP IN CARE

WE ASKED SAMMY FROM NSW TO REFLECT ON HER LIFE GROWING UP IN FOSTER CARE AND THE LESSONS SHE'S LEARNED SO FAR. SHE FIRST ENTERED CARE WHEN SHE WAS 8 YEARS OLD AND LEFT WHEN SHE WAS 18. HERE'S WHAT SHE HAD TO SAY:

What I'd say to myself when I first entered care would be "your mum loves you very much and it's not your fault at all". Early on, I never liked school. I changed schools, friends and homes a lot during my 10 years in care. I found it hard making friends 'coz just as you got close to someone you had to leave again. It broke my heart, so I stopped making friends because behind every 'hello' is a 'goodbye' and goodbyes are always the hardest.

**My experience in care was not the best or the worst.** I never had a leaving care plan so after my 18th birthday, I became homeless for just over a year. I lived in refuges and even on trains some nights when there were no spare beds.

But you know what? It made me stronger. Yeah, there were really bad times being on the streets and living with drug addicts in refuges. Whilst I was homeless I put on 40kg which affected my health and my self esteem. I was depressed and I just couldn't stop eating and drinking alcohol.

I applied for the Department of Housing's priority list and got housed in March 2009. It changed my life; I had a home. I then joined a gym and since 2009, I've lost almost 24 kg! I feel healthy and my self-esteem has grown.

I love CREATE and first got involved when I was 13. I made some really good friends and I learned I wasn't alone. There were teens just like me! For the first time in my life I felt as though I belonged.

**In life you can't rely on others to fix your problems or do things for you, you have to make a goal and strive to that goal.**

Looking back, I am happy I was in foster care and homeless at 18 'coz it made me who I am today. I have counselling to make all the yucky memories go away, but I'm happy.

Even in the darkest times, I always believed everything happens for a reason, and there was good coming to me - I just had to go through the bad first so I'd appreciate the good things.

I am now 21 yrs old and I'm studying business admin. to get a good job. I'm involved with CREATE which I love and I was lucky enough to be involved in making a DVD for kids and teens in care. I never gave up. I just believed that there was something better waiting for me.... and there was.

# TWO NEW *websites* JUST FOR YOU!

YEP, YOU READ CORRECTLY! CREATE HAS TWO NEW WEBSITES IN THE PIPELINE WHICH ARE EXCLUSIVELY FOR CHILDREN AND YOUNG PEOPLE WITH A CARE EXPERIENCE. IT'S A BIT OF A SECRET AS TO WHEN THEY WILL BE LAUNCHED BUT WE'LL GIVE YOU THE HOT TIP: KEEP YOUR EYE ON THE CREATE WEBSITE FOR MORE DETAILS!

## The shiny new clubCREATE website

If you're aged between 8 and 15 year old then there's something here for you! **This is what you'll find:**

- The latest information on activities and events going on in your state.
- The latest movie reviews to keep up with the hottest movies to see and hire.
- CREATE TV. Yep that's right! This will feature heaps of informative quick clips that CREATE has made over the years.
- Fun activities – you'll never be bored again! You can check out craft and cooking ideas plus heaps of puzzles.
- All your fave editions of clubCREATE mag.
- Plus heaps of competitions and games especially for you.



## The re-vamped CREATE Your Future website

Just like the current CREATE Your Future website but a million times better! This one's for you if you're almost ready to leave care. **Here you'll be able to:**

- Find out everything there is to know about being in care – the facts, where you can get help and all about your rights.
- Read stories about other young people in care who might be just like you.
- Find out what CREATE events are going on in your area.
- Find some sweet boredom busters.
- Read up about leaving care and how important a leaving care plan is.
- Find the contact details for your state office.
- Have your say!



# 10 THINGS TO KEEP YOU BUSY THESE *holidays*

1. Lets face it, not everyday during school holidays will have perfect weather, so when it's raining why don't you have a movie marathon! You could even have a movie theme and get dressed up with your friends. Bring on the rain!
2. Get outside! We know summer is hot but sitting inside all day can get boring. Why don't you head to the local swimming pool, beach or river for a swim or if you don't like swimming, you could even go on a bushwalk in your closest national park and document the day with your camera?
3. Get crafty. Where do we start!?! You can make your own jewellery with fishing line and beads, make some of your own Christmas cards for friends and family or there's always model aeroplanes or try some good old-fashioned woodwork.
4. Challenge yourself and learn something new. What about learning to surf or play tennis? Fishing is fun or you could even learn to knit!?! Or cooking - ask your carer nicely to teach you to cook your favourite food. Yum!
5. Make a day of it and visit the local museum, art gallery, zoo, aquarium or library. While you're at the library, why not borrow some books, magazines or CDs?
6. Grown your own garden. You don't even need a backyard - just a little pot, some seeds and some earth will do. Ask your local garden store or nursery for advice. There are so many things you can grow-fruit, vegetables or flowers!
7. Go on a picnic. Invite some friends, pack some lunch and lay out a rug in your local park. You could even bring some music or a kite to fly. Laying back on the grass and making creatures out of cloud formations is a must at all picnics!
8. Two words: Board games.
9. Keep a diary documenting what you do everyday of the holidays. Then you can look back on it when school goes back.
10. Make some fruit iceblocks. Fill some ice trays up with your favourite fruit juice. You can even pop in some pieces of real fruit like grapes or berries. So good for a hot day and they're even healthy!

# GIG guide

You can count on CREATE to keep you up-to-date with what's goin' down around town. Here are some important dates for the next two months that you just shouldn't miss!

## DECEMBER

The official start of Summer! Woohoo! Don't forget the sunscreen.

CREATE's Christmas parties for young and old start this month! Check out your state round up for more details OR call 1800 655 105 for further details.

### 5 December – International Volunteer Day

Get out there and donate your time to a cause or help someone less fortunate than yourself.

### 25 December – Christmas Day

Christmas Day is traditionally a Christian event which marks the birth of Jesus. Don't eat too much today!

### 26 December – Boxing Day

### 31 December – New Years Eve

What are you doing to welcome in 2012? Whatever you do, do it safely!

## JANUARY

A fresh new year! Write down a list of things you want to achieve this year and stick to them!

### 1 January – New Years Day

We bet you'll be sleepy today after all that celebrating!

### 23 January – Chinese New Year

This is the most important celebration of the year in Chinese culture and the party lasts for 15 whole days! 2012 is the year of the Dragon.

### 26 January – Australia Day

What does Australia Day mean to you? We are such a multicultural country, Australia Day means different things to everyone. Whatever it means to you, make sure you celebrate!



### CREATE Foundation Limited

National Office  
Level 6, 280 Pitt Street  
SYDNEY NSW 2000  
Tel 1800 655 105 or 02 9267 1999  
ABN: 69 088 075 058

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